

Had close contact with Mpox?



Symptoms to look for:

- Fever of or over 100.4°F
- Chills
- Swollen lymph nodes (around the neck, armpit, or groin)
- Skin rash



How long to monitor for symptoms:

Check for symptoms for 21 days after last close contact with the person with Mpox.



How often to check for fever:

Take your temperature twice per day (morning and evening).

Self-Isolation Guidance

If fever or rash develop:

Immediately self-isolate and contact your local health department.

If only chills or swollen lymph nodes develop:

- Self-isolate for 24-hours and monitor temperature.
- If fever or rash develop, immediately contact your local health department.
- If fever or rash do not develop, but chills or swollen lymph nodes persist, contact a health care provider.