

Mpox Isolation Guidelines

Instructions for people who test positive for the Mpox virus



Stay at home until all lesions have resolved the scabs have fallen off, and a fresh layer of intact skin has formed (usually 2-4 weeks).



Wear a well-fitting mask or respirator if you need to be around other people in the home.



If possible, use a separate bathroom if there are others who live in the same household.



NO sexual activity.



Clean and disinfect commonly touched surfaces using an EPA-registered disinfectant.



Avoid close contact with other people and pets in the home.



Wash hands with soap and water and use hand sanitizer with at least 60% alcohol.



Avoid shaving areas of the body with blisters or lesions to prevent spread of the virus.