# WHAT YOU NEED TO KNOW ABOUT ZIKA



### Mosquitoes can give you Zika when they bite:

- Zika can hurt your pregnancy
- Zika symptoms are fever, rash, joint pain and red eyes





#### Protect yourself from mosquito bites outside:

- Use insect repellent
- Wear long-sleeved shirts and long pants

#### Get rid of mosquitoes at home:

- Dump water inside and outside
- Use screens on windows and doors
- Cover trashcans and rain barrels





## Has your partner been to an area with Zika? If yes, use condoms every time you have sex.

- Women: Use condoms for at least 8 weeks.
- Men: Use condoms for at least 6 months.

