## ZUFALL COMMUNITY HEALTH CENTERS

# Easy-to-read and Use

# **Health Information Websites**

## HealthFinder

#### www.healthfinder.gov

Includes a large collection of health topics at a variety of reading levels, a collection of online quizzes, and information on finding doctors and insurance.

## Healthy Roads Media

### www.healthyroadsmedia.org

Offers health information in many languages and in different formats including easy-to-read fact sheets, video, and multi-media tutorials.

# KidsHealth

## www.kidshealth.org

Colorful website with health information for kids, parents, and teenagers. Learn about basic anatomy, look up a specific illness, or play health information games.

### Medlineplus

#### www.medlineplus.gov

Offers health information in print and in the form of interactive tutorials with text, sound and graphics. Topics include diseases, tests, and treatment options.

## NIHSeniorHealth

#### www.nihseniorhealth.gov

Designed especially for older adults. Includes health topics of interest to older adults and features that help make the site easier to use.

# Noah: New York Online Access to Health

#### www.noah-health.org

Features definitions, care and treatment, causes and risk factors, warning signs, diagnostic test information and description about surgical procedures.

# Health Literacy Now

#### www.healthliteracynow.org

Offers plain language print material for common health problems, medication use, and diet. Also contains tools for improving health literacy such as a *New Medication Form* and a *Health Literacy Manual* for health care providers.

# • Family Health and Literacy

#### http://healthliteracy.worlded.org/docs/family/index.htm

A guide to Easy-to-Read Health Education materials and websites for families; includes tips on communicating clearly with adults with limited literacy skills.

## Ethnomed

#### http://ethnomed.org

Integrates cultural information into clinical practice and offers clinicians material about the health care needs of refugees and immigrants. The Culture tab takes the user to a link on Hispanics where one can find over twenty websites on patient education material in Spanish and Spanish language health information on the web.

# • National Heart, Lung and Blood Institute

#### http://www.nhlbi.nih.gov/health/public/heart/other/sp-page.htm

Offers a set of nine free English/Spanish booklets that present key steps Latinos can take to reduce their chances of heart attack and stroke.

# • Learning About Diabetes

#### http://www.learningaboutdiabetes.org

Offers handouts, comic books, and visual aids as part of a culturally sensitive, easy to understand, low literacy diabetes care program for Latinos.

## • Health Information Translations

#### http://www.healthinfotranslations.com/index.php

Find translations for almost any health topic in various languages; users can search by language or keywords.

# • Health Literacy Out Loud

#### http://www.healthliteracyoutloud.com

Contains free podcasts of interviews with Health Literacy leaders on numerous topics that range from creating usable websites to communicating with diverse audiences.

# • Bright Futures

#### http://www.brightfutures.org

A national health promotion and disease prevention initiative that addresses children's health needs in the context of family and community. Toolkits include easy-to-read patient education material.

# Medical Library Association's Health Information Literacy Research Project

#### http://www.mlanet.org/resources/healthlit/hil\_project.html

Disease- specific medical language deciphered at a fifth –grade level in English and Spanish for Diabetes, Stroke, and HIV-AIDS; the link on Curriculum and Support tools brings the user to Resources for Health Consumers, including the *Medspeak in Plain Language* brochures.